Krasniy Koren®

DOSAGE FORM AND STRUCTURE:

Active ingredient: powder of Hedysarum neglectum roots;

Excipients: microcrystalline cellulose (carrier), Vitamin E (Alfa-Tocopheroli acetas), amorphous silicon dioxide (anti-caking agent), zinc oxide, plant-derived calcium stearate (anti-caking agent). In the package of 60 tablets, 0.5 g.

	The content in 2 tablets (daily	% of the recommended daily
	intake)	dose level (adequate level)
Powder of Hedysarum		
neglectum roots including		
gallic acid, no less than	744.0 mg, 24.0 mg	24%
Zinc, no less than	12.4 mg	80%
Vitamin E, no less than	8.0 mg TE ¹	80%

¹ TE - tocopherol equivalent.

PHARMACOLOGICAL CLASSIFICATION: Biologically active additive (BAA)

ATC CODE: BAA, not classified as a drug.

PHARMACOLOGICAL ACTION: Urological, tonic

PHARMACODYNAMICS:

The pharmaceutical company Evalar has been producing **Krasniy Koren** for many years, helping men maintain their health. According to the certification, **Krasniy Koren** (*eng.* Red Root) is a source of a whole spectrum of biologically active substances. Its use in the daily diet improves the functional state of the urogenital system in men and helps maintain the function of the prostate gland. Vitamin E having antioxidant properties, and zinc, additionally contribute to the overall life vitality and health.

The product has the following properties: anti-inflammatory; vasoprotective; antiexudative; antioxidant; antispasmodic; pain relief; diuretic; vasodilating; tonic. These properties of **Krasniy Koren** are due to its composition, which includes tannins, flavonoids, coumarins, hyperoside, triterpene saponins, catechins, amino acids, avicularin, kaempferol and quercetin.

- The product improves the functions of the male reproductive and urinary systems, relieves the symptoms of prostate adenoma, normalizes urination, blood flow, relieves retention in the prostate gland, and reduces the frequency of urination.
- This non-hormonal sexual stimulant is similar in effect to vitamin P it strengthens the work of blood vessels and reduces their permeability.
- The product stimulates the digestion, strengthens the respiratory and cardiovascular systems, and in chronic obstructive pulmonary disease reduces the severity of coughing.
- It has a tonic effect on the central nervous system, relieves fatigue, increases stamina, restores strength and helps to relax after heavy loads.

Krasniy Koren can be included in the complex therapy of dropsy, prostatitis, pyelonephritis, impotence and cystitis. It improves the immunity, helps in the treatment of tuberculosis, pneumonia, bronchitis, pleurisy, asthma and anemia.

INTENDED USES:

Krasniy Koren is used as a biologically active food supplement, a source of tannins, vitamin E and zinc. It is indicated for use in men in order to improve the functional state of the genitourinary system and to maintain normal sexual activity.

CONTRAINDICATIONS:

The drug is not used:

- If there is a pathology of the liver;
- In alcoholism;
- In brain pathology or traumatic brain injury;
- In children under 18 y.o.;
- In case of allergic reactions and individual intolerance to the product components.

DOSAGE AND ADMINISTRATION:

Per os. Adults: 1 tablet 2 times a day during meals. The course duration is 1 month. After 10 days, the course can be repeated.

PRECAUTION:

The tablets do not contain gluten and sugar that is why the administration of the product is possible in people who adhere to a specific diet.

SIDE EFFECTS:

The data are unavailable.

OVERDOSE:

Cases of overdose have not been reported.

INTERACTION WITH OTHER DRUGS:

Clinically significant interactions of **Krasniy Koren** in combination with other drugs have not been established.

PREGNANCY AND LACTATION:

The supplement is designated for men. It is strictly contraindicated to use any form of the supplement during pregnancy and breastfeeding.

STORAGE CONDITIONS:

Store in a dry place, at a temperature not exceeding 25°C (77°F). Keep out of the reach of children.

SHELF LIFE: 3 years.

MANUFACTURER: Evalar, RUSSIA https://www.evalar.com/